

May 2026 Breakfast & lunch

Mon	Tue	Wed	Thu	Fri
<p><i>Menu is subject to change</i> <i>Milk is served for breakfast</i></p>				<p>1 AM- cereal, mixed fruit PM-string cheese, crackers</p>
<p>4 AM- Graham crackers, applesauce PM-wheat thins, juice WGR</p>	<p>5 AM-cereal, oranges PM-sliced cheese, crackers WGR</p>	<p>6 AM- sausage dogs, apples PM-goldfish, juice</p>	<p>7 AM- quesadilla, oranges PM-turkey/cheese, crackers WGR</p>	<p>8 AM-sausage patty, cantaloupe PM- wheat thins, apples WGR</p>
<p>11 AM- tots, toast PM- string cheese crackers WGR</p>	<p>12 AM- waffles, applesauce PM-goldfish, juice</p>	<p>13 AM-sausage patty, orange PM-graham crackers, apples</p>	<p>14 AM-muffins, apples PM-cereal, yogurt WGR</p>	<p>15 AM-quesadillas, pears PM-pretzels, juice WGR</p>
<p>18 AM-sausage, patty, apples PM-turkey/cheese, crackers</p>	<p>19 AM- waffles, oranges PM-goldfish, juice</p>	<p>20 AM-quesadilla, pears PM- wheat thins, sliced cheese WGR</p>	<p>21 AM-graham crackers, applesauce PM-pretzels, juice</p>	<p>22 AM-pancakes, strawberries PM-string cheese, crackers</p>
<p>25 CAMPUS IS CLOSED</p>	<p>26 AM-cereal, mixed fruit PM-pretzels, juice WGR</p>	<p>27 AM-Oatmeal, apples PM- wheat thins, apples WGR</p>	<p>28 AM-sausage patty, mixed fruit PM-cereal, yogurt WGR</p>	<p>29 AM-tator tots, toast PM- sliced cheese, crackers WGR</p>

Child and Adult Care Food Program Breakfast [Select the appropriate components for a reimbursable meal]			
Food components and food items¹	Minimum quantities		
	Ages 1-2	Ages 3-5	Ages 6- 12
Fluid Milk ³	4 fluid ounces	6 fluid ounces	8 fl oz
Vegetables, fruits, or portions of both ⁴	$\frac{1}{4}$ cup	$\frac{1}{2}$ cup	$\frac{1}{2}$ cup
Grains (oz. eq.) ^{5 6 7 8}	$\frac{1}{2}$ ounce equivalent	$\frac{1}{2}$ ounce equivalent	1OZ equival ent

Child and Adult Care Food Program Snack [Select two of the five components for a reimbursable meal]			
Food components and food items¹	Minimum Quantities		
	Ages1-2	Ages3-5	Ages6-12
Fluid Milk ³	4 fluid ounces	4 fluid ounces	8 fluid ounces
Meat/meat alternates (edible portion as served):			
Lean meat, poultry, or fish	$\frac{1}{2}$ ounce	$\frac{1}{2}$ ounce	1 ounce
Tofu, soy products, or alternate protein products ⁴	$\frac{1}{2}$ ounce	$\frac{1}{2}$ ounce	1 ounce
Cheese	$\frac{1}{2}$ ounce	$\frac{1}{2}$ ounce	1 ounce
Large egg	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{1}{2}$
Cooked dry beans or peas	$\frac{1}{8}$ cup	$\frac{1}{8}$ cup	$\frac{1}{4}$ cup
Peanut butter or soy nut butter or other nut or seed butters	1 Tbsp	1 Tbsp	2 Tbsp
Yogurt, plain or flavored un- sweetened or sweetened ⁵	2 ounces or $\frac{1}{4}$ cup	2 ounces or $\frac{1}{4}$ cup	4 ounces or $\frac{1}{2}$ cup
Peanuts, soy nuts, tree nuts, or seeds	$\frac{1}{2}$ ounce	$\frac{1}{2}$ ounce	1 ounce
Vegetables ⁶	$\frac{1}{2}$ cup	$\frac{1}{2}$ cup	$\frac{3}{4}$ cup
Fruits ⁶	$\frac{1}{2}$ cup	$\frac{1}{2}$ cup	$\frac{3}{4}$ cup
Grains (oz. eq.) ^{7 8 9}	$\frac{1}{2}$ ounce equivalent	$\frac{1}{2}$ ounce equivalent	1 ounce equivalent

May 2026 lunch



Mon	Tue	Wed	Thu	Fri
<i>MLK IS SERVED FOR EVERY MEAL</i>	<i>MENU IS SUBJECT TO CHANGE</i>			1 <i>Turkey /cheese sandwich, carrot, oranges WGR</i>
4 <i>Chicken nuggets, tator tots, cantaloupe</i>	5 CINCO DE MAYO <i>Tacos, cantaloupe, pinto beans</i>	6 <i>B.Y.O.L. Wheat thins, turkey/cheese, carrots apples WGR</i>	7 <i>Chicken Noodle casserole, green beans,</i>	8 <i>Pizza, French fries, oranges</i>
11 <i>Fish Sticks, tator tots, cantaloupe</i>	12 <i>Spaghetti, green beans, apples, whole wheat bread</i>	13 <i>Hamburger gravy over mashed potatoes, oranges, whole wheat bread WGR</i>	14 <i>Chicken Sandwich, broccoli, apples</i>	15 <i>Chicken mini nachos, green beans, cantaloupe</i>
18 <i>Chicken nuggets, corn, oranges</i>	19 <i>Tacos, green beans, strawberries, WGR</i>	20 <i>Fish sticks, broccoli, apples</i>	21 <i>Tuna sandwich, carrots, peaches WGR</i>	22 <i>B.Y.O.L. Wheat thins, turkey/cheese, carrots apples WGR</i>
25 <i>CAMPUS CLOSED</i>	26 <i>Chicken Noodle casserole, green beans, oranges</i>	27 <i>Chili Dogs, tator tots, apples</i>	28 <i>Bean & cheese burrito, corn, orange WGR</i>	29 <i>Tacos, corn, cantaloupe WGR</i>

Endnotes:

Must serve all five components for a reimbursable meal. Offer versus serve is an option for at-risk afterschool and adult participants.

Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.

Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent fat or less) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored or flavored fat-free (skim) or low-fat (1 percent fat or less) milk for children 6 years old and older and adults.

For adult participants, 6 ounces (weight) or $\frac{3}{4}$ cup (volume) of yogurt may be used to meet the equivalent of 8 ounces of fluid milk once per day when yogurt is not served as a meat alternate in the same meal.

A serving of fluid milk is optional for suppers served to adult participants.

Alternate protein products must meet the requirements in Appendix A to Part 226 of this chapter.

Yogurt must contain no more than 23 grams of total sugars per 6 ounces.

Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.

A vegetable may be used to meet the entire fruit requirement. When two vegetables are served at lunch or supper, two different kinds of vegetables must be served.

At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards the grains requirement.

Refer to FNS guidance for additional information on crediting different types of grains.

Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).